



- KEEP LASHES CLEAN
- BRUSH LASHES LIGHTLY EVERY DAY
- APPLY LASH SEALER 2+ TIMES PER WEEK
- USE LASH FRIENDLY BLINC MASCARA
- SLEEP ON YOUR BACK OR USE LASHSAVER SLEEP MASK TO PROTECT LASHES AT NIGHT
- USE A Q-TIP TO CAREFULLY REMOVE EYE MAKEUP, GENTLY WORKING AROUND EYELASHES
- USE LASH GROWTH SERUM TO ACHIEVE FULLER NATURAL LASHES
- BOOK YOUR LASH FILLS AT 2-3 WEEK INTERVALS TO MAINTAIN LASH FULLNESS 334.887.1**180** BOOK ONLINF 180SPA COM







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- PICK OR RUB LASH EXTENSIONS
- USE WATERPROOF MASCARA
- USE EYELASH CURLERS
- USE OIL-CONTAINING CLEANSERS, MOISTURIZERS, OR MAKEUP REMOVERS ON OR NEAR EYES
- EXPOSE LASHES TO EXTREME HEAT OR OPEN FIRE,
- SUCH AS OVENS, GRILLS, SAUNAS, OR HOT HAIR STYLING TOOLS - WAIT TO BOOK YOUR NEXT LASH FILL

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